



The 7 S of Corticosteroids



- 1 Sugar** Hyperglycemia
- 2 Sick** Decreased Immunity
- 3 Sad** Depression, mood lability
- 4 Salt** Sodium and water retention
- 5 Swollen** Edema and weight gain
- 6 Sex** Low libido
- 7 Soggy Bones** Loss of bone density - osteoporosis