

# EducationRN

## METRIC UNIT CONVERSIONS

1 kg = 2.2 lb

1 kg = 1000 g

1 g = 1000 mg

1 mg = 1000 mcg

1 unit = 1000 milliunits

16 oz = 1 pint

16 oz = 1 lb

1 cc = 1 mL

1 cup (C) = 240 mL = 8 oz

1 pint = 480 mL

1 oz = 30 mL = 2 tbsp

1 tsp = 5 mL

1 tbsp = 15 mL

1 L = 1000 mL

